## PON'T GET LOST!!!

Here's a handy guide to help. Print this page, cut on the lines and fold to a perfect size. Assemble your own survival kit, put the instructions inside, and keep it with you when hiking/camping.

Remember to review and follow the tips!

## SUGGESTED SURVIVAL ITEMS

1) Whistle / Compass / Reflector

2) Large Plastic Garbage Bag -Cut off Corner for Viewing & Air

3) Money 50 cents Change for Pay Phone

4) Hard Candy for Energy while you wait

5) Mini First Aid Kit - Bandaids / Ointment

6) Pocket Knife & Safety Pins

7) Mini LED Light or Small Flashlight

8) Matches in Water-Proof Container

9) Small Amount of Toilet Paper

10) Mini CD use as a Reflector

- 11) Pen & Paper to write Notes
- 12) Sun Screen & Insect Repellant

Courtesy of: Beck Leather & Crafts 801-567-1115 West Jordan, Utah 84047 www.Beckleather.com

## "DON'T GET LOST" TIPS

- A) Do a Pre-Orientation by Map & Site Know Where you are
- B) Stay with a Buddy at All Times Use the Buddy System at all Activities
- C) Be Prepared for any weather situation
- D) Notice Landmarks -Turn around and look back at your trail Each direction of travel may look different
- E) Follow your Leader's Instructions and Let your Leader Know Where you are Going

## What to do if I Become LOST

- AA) Stay Put "Hug A Tree" Searchers will soon be on their way to look for you
- BB) USE Your WHISTLE Make Noise
- CC) Keep Warm Use Poncho or Garbage Bag with a Hole cut for your head
- DD) Drink Water and Stay Hydrated
- EE) Remember, even the BEST Woodsman may become disoriented or lost